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| ****Update on Your State Health Plan Benefits and COVID-19**** |

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| Members on the 80/20 Plan, 70/30 Plan, & High Deductible Health Plan |

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| **(The following message was sent to plan members earlier today.)**  The health and well-being of our members is the State Health Plan’s first priority, especially during the current health pandemic. As things rapidly evolve with COVID-19 (coronavirus), the Plan is working with Blue Cross and Blue Shield of North Carolina (Blue Cross NC) and CVS Caremark to ensure you have benefits in place and remove any barriers to needed care.  **Primary Care Provider (PCP) Visits & COVID-19 Testing**  Many providers are now offering tele-health or virtual visits. **These types of visits are covered under your Plan benefits. The applicable copay for a PCP office visit will apply.** You will need to call your provider to determine if these services are offered. |

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| * **Many providers are offering virtual services for behavioral health, physical therapy and wellness visits. These visits are covered!** |

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| * **The Plan is waiving the costs for the COVID-19 test regardless of site of service (where you receive the test) to ensure there are no cost barriers to testing.** |

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| * **The Plan is also waiving the copay for in-person and virtual PCP visits to screen for COVID-19.** Screening visits will not be subject to your deductible or coinsurance, even if your deductible has not been met. |

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| **Prescription Medication Reminder** |

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| * The Plan is waiving the early medication refill limits on 30-day **prescription for maintenance medications only**. Member cost-sharing will apply as normal. |

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| * If you are trying to refill a non-maintenance medication early, it will be denied. |

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| * [Click here for a reference list of what is considered a maintenance medication](https://click.icptrack.com/icp/relay.php?r=31651771&msgid=357653&act=QDLE&c=1308304&destination=https%3A%2F%2Ffiles.nc.gov%2Fncshp%2Fdocuments%2Fpharmacy-documents%2FMaintenance-Drug-List-March-2020.pdf). This is a standard, non-State Health Plan specific list, but it will give you a reference of what drug categories are considered maintenance. |

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| Several pharmacies have waived home delivery charges for medications, you are encouraged to check with your pharmacy to find out if they also offer prescription delivery services.  If you have questions, please call CVS Caremark at 888-321-3124 or your pharmacy.  **Webinar: Update on Your State Health Plan Benefits and COVID-19**  The Plan is hosting two brief webinars for members regarding the information covered in this notice. Please note that Plan staff will only be covering information regarding your State Health Plan benefits and is unable to provide clinical information.  Click below to register now:  [Thursday, March 26, 12 noon](https://click.icptrack.com/icp/relay.php?r=31651771&msgid=357653&act=QDLE&c=1308304&destination=https%3A%2F%2Fattendee.gotowebinar.com%2Fregister%2F6181382209363900684)  [Thursday, March 26, 4 p.m.](https://click.icptrack.com/icp/relay.php?r=31651771&msgid=357653&act=QDLE&c=1308304&destination=https%3A%2F%2Fattendee.gotowebinar.com%2Fregister%2F8774291211915502604) |